



What is CLA Detroit?

Contemplative Leaders in Action (CLA) is a two-year leadership development program rooted in the Ignatian tradition. While the program nurtures individual growth and spirituality, it also strives to develop a cohort of leaders who can bring the dynamics of faith and justice to their families, co-workers, and communities.

Who is CLA designed for?

CLA is designed for young adult professionals. Each year fifteen to twenty emerging leaders from diverse backgrounds and professions will be invited to participate in this program. Participants will share certain key characteristics including: a capacity for self-reflection, several years of work experience, a personal commitment to serve the common good, demonstrated leadership potential, and the willingness to engage in their own ongoing spiritual and professional growth. Ideal candidates will have a sincere desire to contribute to the development and well-being of others and have a heart for service—particularly for addressing the unmet needs of those in Detroit.

Who is behind CLA?

CLA in Detroit is modeled after the framework used by the Office of Ignatian Spirituality (OIS) in the United States.

How will CLA benefit participants?

The goals of CLA Detroit:

- ❖ To provide participants with the knowledge and skills required to be leaders in their workplace, communities, and families
- ❖ To provide a safe place for participants to grow in the self-knowledge needed to work well with others
- ❖ To empower participants to use their gifts, talents, skills, and experience to improve the quality of life for others
- ❖ To develop a commitment to serving the unmet needs of those in Detroit
- ❖ To invite participants to explore their spirituality with the resources of the Ignatian tradition

What will participants experience?

- ❖ Reflect and articulate one's sense of personal mission
- ❖ Study models of leadership and explore one's own style
- ❖ Develop supportive relationships with mentors and established professionals
- ❖ Successful completion of a service project in year two
- ❖ Introduction to the Ignatian tradition of prayer, reflection and growth
- ❖ Practice in using discernment methods for decision-making

What happens in the program?

In general, the CLA program includes:

- ❖ Monthly meetings with presentations from guest speakers on topics ranging from Ignatian spirituality to leadership to Catholic social teaching
- ❖ A commitment to community service
- ❖ An annual retreat
- ❖ Introduction to experienced professionals to discuss the challenges of integrating God in daily life
- ❖ Opportunity for spiritual direction
- ❖ A Leadership in Action project in year two

The Contemplative Leaders in Action initiative in Detroit is based on a cohort model with monthly meetings over two years. The group will not meet during the summer months.

What does participation in CLA cost?

Tuition for the two-year program is \$500 per year. Scholarship support may be available.

How do I apply?

Please contact Carrie Czajka for more information.

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For more information on CLA, please visit:

<http://www.contemplativeleaders.org>